



SPORT COACH COURSE

AN INTRODUCTION TO COACHING TRACK & FIELD

LA RONGE -CHURCHILL COMMUNITY HIGH SCHOOL

MARCH 16-18, 2018

Course Details:

- Ideal for the beginner coach wanting to learn about the sport or a coach with lots of experience looking for a refresher.
- The course will help prepare you to plan practices and how to properly introduce competition to athletes in regional and provincial levels.
- This course will provide you with material, knowledge, and confidence to help you with your coaching.
- Technical session will include technique, progressions, and drills for all event areas.
- Get prepared for Saskatchewan Summer Games (2020) & Tony Cote First Nation Summer Games (2019).

Course Schedule:

Friday March 16: 7:00pm – 9:30pm – Theory

Saturday March 17: 9:00am – 8:00pm – Theory/Technical

Sunday March 18: 9:00am – 3:00pm -Theory/Technical

**LIMITED SPOTS
AVAILABLE!
REGISTER TODAY!**

**WEAR
COMFORTABLE
CLOTHING AND
RUNNING SHOES,
FOR TECHNICAL
SESSION.**

**REGISTRATION
COST: \$200**

**DEADLINE TO
REGISTER:
MARCH 12, 2018**

**SEND REGISTRATION
TO JILL GEORGE AT
SASKATCHEWAN
ATHLETICS**

2020 College Drive
Saskatoon, SK
S7N 2W4

Phone: 306-664-6744

Fax: 306-664-6761

programs@saskathletics.ca

www.saskathletics.ca





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AN INTRODUCTION TO COACHING TRACK & FIELD

CHURCHILL COMMUNITY HIGH SCHOOL, LA RONGE

MARCH 16-18, 2018

FRIDAY MARCH 16 2018 – 7:00PM-9:30PM @ CLASSROOM
 SATURDAY MARCH 17, 2018 – 9:00AM-8:00PM @ CLASSROOM/GYM
 SUNDAY MARCH 18, 2018 – 9:00AM-3:00PM @ CLASSROOM/GYM

COST: \$200 (COACH MEMBERSHIP INCLUDED)

PLEASE RETURN THIS FORM WITH FEES PAYABLE TO SASK ATHLETICS NO LATER THAN MARCH 12, 2018

NAME: _____ DOB (D/M/Y): _____
 ADDRESS: _____ POSTAL CODE: _____
 CITY: _____ PHONE: _____
 EMAIL: _____
 NCCP # (not required to register): _____

PAYMENT INFORMATION

METHOD OF PAYMENT: CREDIT CHEQUE CLUB ACOP OTHER

CREDIT CARD #: _____ EXPIRY DATE: _____

RECEIPT: YES NO

The Aboriginal Coach and Official Program (ACOP) will be covering the registration cost for the first 10 coaches that register and qualify for this program.

Return form and payment to:

Jill George -Saskatchewan Athletics
 2020 College Drive, Saskatoon, SK S7N 2W4
 Email: programs@saskathletics.ca
 Phone: 306-664-6744
 Fax: 306-664-6761

